

Clinical Studies Prove ProFibe™ Benefits

In 1994-1995, Cerda and Burgin conducted human studies that enabled them document the extraordinary benefits of three servings of ProFibe™ per day. Fasting cholesterol tests were taken on subjects at the beginning of the study. Subjects then received three servings per day of ProFibe™ for 30 days.

The result: An average 30 percent reduction in LDL-cholesterol levels without a change in diet or lifestyle.

In 1994, Cerda and Burgin documented the efficacy of WSF in regressing arterial soft plaque in an article published in *Clinical Cardiology* ("Grapefruit Pectin Inhibits Hypercholesterolemia and Atherosclerosis in Miniature Swine," 11.595-600, 1998).

More than a decade after ProFibe's introduction to the market, this original research continues to be validated over and over.

For Stubborn Cholesterols, the Added Boost of ProFibe™ Made the Difference:

A 53-year-old Caucasian female taking 10mg of Zocor per day. Total cholesterol was 249, LDL-C was 158, and triglycerides were 198. After 30 days of three servings of ProFibe™ per day, along with 10mg of Zocor, the following results were observed: Total cholesterol: 216; LDL-C: 134; Triglycerides: 130; The subject's risk factor also improved from 3.1 to 2.4 in just 30 days.

A 61-year-old Caucasian female with a recent history of CAD was taking 20mg of Mevacor per day. Total cholesterol was 301; LDL-C was 141. After only 14 days of taking three servings of ProFibe™ per day, together with Mevacor, total cholesterol dropped to 214, while LDL-C was reduced to 84. Risk factor dropped from 4.7 to 3.2.

These kinds of results are why people worldwide are discovering that they can enjoy better health and a reduced chance of cardiovascular illness by using safe, all-natural ProFibe™.



CerBurg, S. Daytona, FL
www.profibe.com

A long story short...my husband's Cardiologist expressed concern regarding my husband's high TC so my husband told his Dr. that he would go on ProFibe™. The Doctor stated that it would do no good, etc.

My husband took ProFibe™ ...never missed a day. The next check up his cholesterol was 178. His Cardiologist refused to listen to anything about ProFibe™. One of the nurses asked how to purchase ProFibe™ as her husband was fighting a losing battle with cholesterol. The next time we talked to her, she expressed her gratitude for our making her aware of your product....her husband's cholesterol was under control. She had, obviously, made the Cardiologist aware of her husband's progress with ProFibe™.

Some time later, we overheard the Dr. ask his assistant if she had ordered his case of ProFibe™. We looked at each other and winked and smiled. (Some people have to learn the hard way).

P.T. Ohio

ProFibe

'Good Health
Really Does
Grow On Trees'



Jean Carper, leading authority on health and nutrition, columnist for USA WEEKEND and best-selling author, highlights the positive effects of ProFibe™ in her book *Miracle Cures* stating that "It seems to be almost an instant super cure for high cholesterol in many people..."

Robert Kowalski, author of *The 8-Week Cholesterol Cure* and *The New 8-Week Cholesterol Cure* is also known for recommending ProFibe™ as "the only practical and good alternative to whole foods for reducing cholesterol."

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What ProFibe™ Can Do for You

The recommended three servings per day of ProFibe™ can provide as much beneficial water-soluble fiber as a bushel of apples, a dozen oranges, or a bucket of oatmeal. ProFibe™ accomplishes this by complexing its components into a powder that the body can use 100 percent. Each 10.4 gram serving of ProFibe™ contains a minimum 6 grams of water-soluble fiber, something you cannot get from a single serving of fruit or other supplements.

What Is ProFibe™?

Developed by a gastroenterologist and a chemist at the University of Florida, ProFibe™ is a water-soluble fiber formula consisting of three elements: 1) guar gum; 2) unmodified citrus pectin; and 3) non-GMO soy 'protein'.

It's all in the complexing. While there is nothing remarkable about these three natural products by themselves, ProFibe™ uses a patented complexing process that transforms them into a powerful engine for reducing cholesterol levels by as much as 25 to 30 percent in one month.

Other benefits may include a reduction in atherosclerosis; better digestion; improved glucose tolerance; weight loss and lowered blood pressure. In addition, many ProFibe™ users report enhanced energy levels—all without expensive medications and their potential side effects.



The Science Behind ProFibe™

In 1993, James J. Cerda, M.D., (Gastroenterologist, Paul Dudley award winner, Ret. Rear Admiral) and Charles Burgin, after researching the effects of water-soluble fiber (WSF) for nearly two decades, discovered that by complexing a protein to the fiber they could prevent it from leaching out and becoming slimy or sticky. This discovery meant that people could easily consume the quantity of WSF necessary to lower LDL cholesterol.

ProFibe™ uses unmodified citrus (not grapefruit) pectin and guar gum as its water-soluble fiber source. The citrus pectin is extracted using the same method used to extract protein from soybeans. The sugars, oils, and bioflavonoids are removed.

This synergy between a natural fiber product such as ProFibe™ and a synthetic pharmaceutical has enabled thousands of people to lower their cholesterol to the point where they are able—with their physician's advice and at their direction—to reduce their dosage of statin drugs significantly or eliminate them altogether.

How Does ProFibe™ Do What It Does?

Our researchers discovered that by complexing the WSF to a natural protein, such as soy, the body is able to utilize 100 percent of the fiber intake. Bacteria in the large intestine break down the WSF into short-chain fatty acids, which is believed to lower LDL cholesterol and to interfere with the adhesion of plaque to arterial walls, thus reducing blockage.

Moreover, one of the well-known characteristics of water-soluble fiber is that it inhibits glucose absorption (think oatmeal), slowing down the absorption of sugar and a corresponding rise in insulin production, which can lead to cravings for yet more sugar and starches. ProFibe™ helps you get off this treadmill, control your blood sugar and increase your cardiovascular health.

ProFibe™ Worked For Them!

The people profiled here—and thousands like them—have achieved remarkable results using ProFibe™ to lower their LDL cholesterol and reduce atherosclerosis, with no side effects.

I've been taking ProFibe™ since July 1997, and it's been a lifesaver. I'm a 65-year old, 180-lb male with a family history of heart disease. For exercise, I try to walk five times per week.

In July 1998 after chest pains a scan showed plaque in the arteries. On a scale of one to five, I was a four.

On an angiogram in February 2002 the doc found that I had no plaque in my arteries. The people in the testing room could hardly believe it. They said I had the arteries of an 18 year old, and that whatever you're doing—keep doing it!

The only thing in my life I've changed is taking ProFibe™, after reading an article in USA Today in 1997. It doesn't happen overnight, but it sure was worth the wait.

It's for sure I'll be taking ProFibe™ for the rest of my life. Thanks for great research and for making this product.
Bob H. Las Vegas, NV

"After being on ProFibe™ for three months, my cholesterol has fallen from 243 to 188. Thank you so much for your help!"

L.M.H., Belton, TX

I started using ProFibe™ in September 2007 when my total cholesterol was 191. I recently (2/08) tested and my total dropped to 161. I have to believe ProFibe™ played a big role in producing such good numbers. Thanks for a great product.

J.H. NJ

I cannot thank you enough for ProFibe™. My wife first learned about it in Jean Carper's book, Miracle Cures. She shared it with me not long after my heart attack in 2000 (I am now 59 years old). It has been a great help in lowering my cholesterol. So, although I cannot thank you enough, here is a start: THANK YOU!

Rev M, OH

I have been using ProFibe™ for about a year in order to lower total cholesterol and eliminate Lipitor. The results have been excellent.

BHH, SC